

## HINA MAUKA WHAT TO BRING

Picture Identification (license, State I.D., etc.)

Current medical (insurance) card. **If insurance is Med-Quest, please bring valid I.D. and proof of citizenship.**

Current copy of physical and TB results, within the past 12 months (or have it faxed to: (808-236-2626)

Current psychiatric or medical conditions: Please have current evaluations and medications available prior to admission.

Personal care items: Toothbrush, toothpaste, shaving gear, bath soap and shampoo.

Please bring enough pads or tampons for your entire stay. (Women)

Footwear is required at all times. Slippers **and** tennis/walking shoes (Covered toes required in kitchen at all times).

Casual clothing (at least a week's supply) (Must have a minimum of one pair of long pants). Roll of quarters for laundry, phones and soda machine. OPTIONAL: alarm clock, stamps & envelopes, phone card, favorite pillow, blanket and/or sheets. Writing materials: 1 Spiral Notebook, pens, pencils, etc. You are responsible for your own personal items. **Hina Mauka is not responsible for any lost, stolen or damaged items.**

### REGARDING MEDICATION

All medication must be turned over to staff upon admission including over the counter medications. **You need to bring a 30-day supply of medications, if any.** Hina Mauka will monitor your medications according to the physician's labeled directions. In order to maintain a safe, clean and sober environment, any medication reviewed by our doctor deemed "inappropriate" will be discarded. **All controlled medications to include: Benzodiazepines or Narcotics (Valium, Klonopin, Ativan, Codeine, Percocet, Oxycodone, etc.) cannot be stored in our residential facility. Please consult your prescribing doctor for alternatives before you are admitted into residential treatment. At this time, we do not accept clients who are prescribed medical marijuana.**

### WHAT NOT TO BRING

**Illicit substances (alcohol or drugs) and inappropriate items (weapons) are prohibited;** (Clothing/Jewelry that promotes alcohol, drugs, gangs colors, no tank top or clothing that shows skin/midriff, expensive jewelry or other expensive items, Cameras, walkmans, TV's, anything not related to treatment, reading materials that are not recovery related, alcohol-based mouthwash, knives, guns, or the like). Any items deemed inappropriate by staff will be stored and returned upon your departure and/or discarded. Arrangements may be made for family/friend to pick up items with appropriate consent. **Hina Mauka is not responsible for any lost, stolen or damaged items that you choose to have in your possession while in treatment.**

**Personal vehicles are not allowed on property while in residential treatment. It is better to leave your vehicle at home or with someone you trust. If you decide to bring your vehicle to residential treatment, you must turn in your keys to staff until someone can pick up your vehicle. Your keys will be secured in a locked safe. Hina Mauka will not be responsible for any damage to or theft of your vehicle or its contents.**

Items may be dropped off. You may choose to have a friend or family member/supportive person drop off items for you. However, counselor/staff person must clear them before you receive them.

Upon admission, you will **NOT** be able to use the phone for the first 72 hours. Please notify all concerned persons regarding this, we will not break confidentiality. (i.e. lawyers, PO's, case workers, etc.) After 72 hours you may make calls and receive messages. Hina Mauka staff request that you keep us informed of requested court appearances so that staff can make adjustments to the schedule as appropriate to your legal requirements.

Visiting is on Sunday. All visitors must be screened prior to **ANY** visits. Special visits need to be arranged with counselors after visitation approval. Family may come in and have lunch with you at 12 noon. The cost is \$3.00 for adults and \$2.00 for children. An AA meeting, following lunch, is from 1:00 to 2:15. Regular visiting is between 2:30 and 4:30. Children must be supervised at all times by an adult other than client.

### FAMILY EDUCATION

Thursday evenings from 7-8:30pm. There is a \$10.00 suggested donation per family and children age 13 and older are welcome. Please call 236-2600 for additional times and locations for our family program.

Arrangements may be made for family/friend to pick up my items with appropriate consent

**I acknowledge and understand what was presented to me in this document and agree to abide by these conditions.**

Client Signature \_\_\_\_\_

Date \_\_\_\_\_

Rev. 1.31.17

Client Name: \_\_\_\_\_

Client Number: \_\_\_\_\_