

# *It's About Recovery!*



**INSIDE: 2nd annual dinner benefit recap and much more!**

## **IN 2008, THE KOKUA FUND PAID FOR:**

- 22 days of residential treatment.
- 119 days of intensive outpatient treatment.
- Co-pays for 300 days of treatment.
- \$1,035 in medication for clients.
- \$860 in client assistance, including transportation.

In 12 Step programs, it's said the paradox of giving is that the more we give, the more we get back from others.

To make a donation, please call Andy Anderson at 447-5227 or visit [www.hinamauka.org](http://www.hinamauka.org).

### **VOLUME 8, ISSUE 2**

*It's About Recovery* is a periodic publication of Hina Mauka, a 501 (c)3 nonprofit corporation.

## **Hina Mauka Fund Needs Your Christmas Kokua**

*A special message from Hina Mauka CEO Alan Johnson...*

As you know from the news headlines, the economic downturn has hit non-profits hard. Hina Mauka has braced itself for funding cuts and is in a strong position for long-term viability. However, we must also face economic realities.

Most of our funding comes through contracts with the state. The Alcohol and Drug Abuse Division (ADAD) has announced a 4.5 percent reduction, and the Adult Mental Health Division (AMHD) has slashed \$25 million dollars from its budget. There is already discussion about more reductions coming. Other contracts we have with the state have been reduced from 10 to 50 percent.

In response to these cuts, Hina Mauka is actively advocating to the state that treatment is highly effective and less expensive than existing alternatives. In addition, we are making adjustments by reducing some staff hours and considerably reducing costs in non-personnel areas. We are tightening our belt and expect that there will be more tough times ahead.

Given the economic challenges facing us, we understand the state's need to trim costs. However, there is a heartfelt human element for each reduction, no matter how small it may seem: some people who are desperately seeking treatment will end up on a wait list, or never get the help they require.

Now, more than ever Hina Mauka needs its friends and alumni. In the last few years, there has been growing community support for treatment programs. Right now, we're really counting on all of you to help us weather the storm and continue the progress we've made. You are an important part of the Hina Mauka family.

Please consider making a donation to our Christmas Kokua Fund today. Your gift will directly support treatment. Mahalo!

***Best wishes for the holidays,  
Alan Johnson, Hina Mauka CEO***

## Second Annual Benefit Raises Funds and Awareness

Nearly two hundred people attended the “Rebuilding Lives, Rebuilding Community” benefit dinner at the Sheraton Waikiki on Oct. 22. Mahalo to all who attended and to those who contributed items for the silent auction!

Among the many highlights were beautiful hula performances by women of the *Ke Alaula* program at Windward Community Correctional Center, who are using Hawaiian culture as part of their recovery. Equally moving was Hina Mauka “graduate” Andrea Stewart’s inspiring story of how she went from living on the streets to making it into law school. Andrea continues to attend 12-step group meetings and carries her message of hope to incarcerated women at OCCC and WCCC. She was followed by one of Hawaii’s most popular performers, Melveen Leed, who talked story about how substance abuse affected some of her friends in the entertainment business. Melveen also shared a song she wrote about her faith.

Gary Stromberg, co-author of *The Harder They Fall*, spoke about his life as a publicist to iconic rock stars back in the ’60s and ’70s, and losing nearly everything because of his drug addiction.



*Alan Johnson presents the Andy Award to HMSA's Mike Wong.*

The *Andy Award for Advocacy* was presented to HMSA for their outstanding efforts on many fronts. Over the years, HMSA has been a community champion to improve access to drug and alcohol treatment, while educating the public about addiction to reduce the stigma associated with this disease. The award is named after former Hina Mauka CEO, Andy Anderson, who has made advocacy for treatment his life’s work and passion.

***Hina Mauka would like to give special thanks to:***

### **Handyman Sponsors**

Carr, Gouveia & Assoc. CPAs Inc.  
Tower Engineering Hawaii, Ltd.

### **Apprentice Sponsors**

Celia Ona, M. D.  
Controlpoint Surveying, Inc.  
Law Offices of Frank Goto  
Pacific Management Consultants  
Urban Works

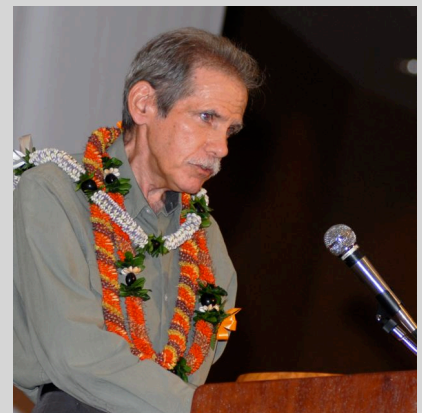
### **Journeyman Sponsors**

Olsten Staffing  
SSFM International  
The Queen’s Medical Center

## Family Program Founder Honored

Bob Brown was presented the *Harry and Mary Lake Award for Compassion* at our fundraiser for his work as longtime facilitator of Hina Mauka’s Family Program. Twelve years ago, he started a class for families, which has become an integral part of treatment.

Harry and Mary Lake were among the first Hawaiians to find sobriety, and two of the first Hina Mauka volunteers at the Hawaii State Hospital in the late 1960s. Now that Bob has retired, it’s fitting that he has been honored with the award that was created in recognition of these pioneers in recovery.



## NATIONAL STUDY LOOKS AT 12-STEP PROGRAMS

The National Institute of Drug Abuse (NIDA) has selected Hina Mauka to participate in a study to determine the effectiveness of using 12-step programs in conjunction with outpatient treatment. Eight other treatment centers in the nation will be part of the project.

Although Hina Mauka is a strong proponent of the 12-step model for treatment, we recognize AA and NA may not work for everyone, as pointed out in the recent HBO "Addiction" series (see back page for information on Olelo's encore presentation of that program). This project may show whether alternative approaches to outpatient treatment can also be effective.



## LABOR DAY RECOVERY WALK & DRY RUN 5K



Hundreds of runners, walkers, gawkers and Hina Mauka supporters turned out for our annual Recovery Walk, which was moved to Manoa District Park this year. Despite a little drizzle and gray skies, the mood was festive. There was live music under the tent, food and refreshments, plus fun stuff for kids. Special thanks to our cosponsors: HMSA, the Queen's Medical Center, Coalition for a Drug-Free Hawaii, Aloha United Way, and Habilitat. Mark your calendar for next year's Recovery Walk on Sept. 19, 2009 at Kapiolani Park!

**CALENDAR:****JANUARY**

The award-winning HBO "Addiction" series will get an encore showing on Olelo Channel 49, public access TV. All 14 episodes will air over a two-week period, Tuesdays through Fridays, beginning Jan. 20. Each program starts 5 PM except for the first segment, which begins 4:30 PM,

**To check on viewing times, please visit [www.olelo.org/](http://www.olelo.org/). You can also get more information about the series and addiction at [www.hbo.com/](http://www.hbo.com/)**

**Hina Mauka Board of Directors**

Alan Johnson, CEO

Alan Van Etten, President	Curt Harada
Michael Wong, Vice President	David Leonard
Kendall Wong, Treasurer	Mike Matsumoto
Colin Lau, Secretary	Debbie Odo
Greig Gaspar	Celia Ona, M.D.
Signe Godfrey	Karen Schultz

**Contact Information**

*I.H.S Program*  
Reid Kunishige  
447-2913

*Waipahu Office*  
Evon Silva  
671-6900

*Kauai Program*  
Patrick Smith  
1-808-245-8883

*Admissions*  
Mahikulani Souza  
236-2600 ext. 223

*Teen CARE*  
Colleen Fox  
236-2600 ext. 259

*Email: [admin@hinamauka.org](mailto:admin@hinamauka.org)*  
*Kaneohe Main Number: 236-2600*  
*Fax: 236-2626*

The Alcoholic Rehabilitation Services of Hawaii, Inc.



**HINAMAUKA**

45-845 Po'okela St.  
Kaneohe, HI 96744

***SEASON'S GREETINGS***  
***FROM HINA MAUKA!***